

MUSIC FOR UPLIFTING GORMANDIZERS



SERGIO MESSINA & THE FOURTWENTIES

- 1: Round Robin (Altura Mix)
- 2: Bolero
- 3: Altamira Shuffle (part 1 & 2)
- 4: Perfidia

Written, performed, recorded, sequenced and mixed in 2019 by SM, except *Bolero*, mixed by Paolo Gozzetti. Artwork by Andrea Amaducci.

Bolero, an extract from the forthcoming album *Sensual Musicology*, was written by Maurice Ravel in 1928. *Perfidia* was written by Alberto Domínguez in 1940. *Round Robin* and *Altamira Shuffle* are by Sergio Messina.

This music was performed using a variety of instruments including acoustic, electric and resonator guitars (with or without EBow), mandolin, ukulele, electric bass and percussions. The drum loop in *Perfidia* is a modified version of the Roland TR66 Drum Machine *Bóssa* pattern.

The phrase *Music for Uplifting Gormandizers* is part of one of the most magical acronyms in the history of R'n'R: CBGB OMFUG, name of the legendary New York Punk and R'n'R club active between 1973 and 2006. It means "Country, BlueGrass, Blues and Other Music for Uplifting Gormandizers". While writing this music I wasn't sure what genre of music I was making. At first I thought it must be some kind of odd Country with Jazz and Blues but then it turned out to be something else, so I figured maybe it could be MFUG. I'm still open about the genre.

Thank you to Paolo Gozzetti, Fabio De Luca, Fumo & Eva, Max Pontrelli/Cris Music Milano.

